



## WHO KNEW P.E. COULD BE SO MUCH FUN?!

- Did you know that you could take a PE class as many times as you want?
- PE counts as an elective as soon as you get 2 required semesters completed.
- Did you know that you can achieve a Seal of Excellence by taking 6 PE classes with an A average?
- Did you know an A in PE counts into your GPA like an A in English?
- Did you know that dance can count as a PE credit or Fine Arts credit?

**SIGN UP FOR A PE CLASS TODAY!!**



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**Aerobics-** Have fun with aerobic dancing, kickboxing, yoga, Zumba and more! Burn calories and listen to beat pounding music!

**Basketball or Volleyball -** Become an awesome basketball or volleyball player by taking either class.

**Dance-** Learn tap, ballet, jazz, and modern dance.

**Sports conditioning-** Improve your athletic abilities—jumping, speed, strength and agility.

**Team sports-** You will have the chance to play volleyball, basketball, flag football and softball, archery, and racket sports.

**Weight Training-** Learn how to strengthen your muscles.